

**Nottingham City Health and Wellbeing Board**  
**Wednesday 24 January 2024**

<b>Report Title:</b>	Integrated Care Strategy for Nottingham and Nottinghamshire 2023-2027: March 2024 Review
<b>Lead Board Member(s):</b>	Lucy Hubber, Director of Public Health, Nottingham City Council
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<b>Other colleagues who have provided input:</b>	
<p><b>Executive Summary:</b>            In line with guidance from the Department of Health and Social Care (DHSC), at its meeting on 13 March 2023, the Integrated Care Partnership (ICP) approved Nottingham and Nottinghamshire’s Integrated Care Strategy. Subsequent work has focussed on implementation and refining measures to monitor the impact of the strategy to assure the Partnership that the right conditions for success have been established and embedded.</p> <p>At its 6 October meeting, the ICP agreed a light touch review of the Integrated Care Strategy at the end of this first year. The ICP will consider this at their 22 March 2024 meeting.</p>	
<p><b>Recommendations:</b>            This paper provides partners with progress since the last meeting as well as outlining an approach to reviewing and refreshing the strategy by March 2024. The Board is asked to:</p> <ol style="list-style-type: none"> <li>1. <b>Discuss</b> progress with delivery of the strategy through the City and County Joint Health and Wellbeing Strategies and NHS Joint Forward Plan.</li> <li>2. <b>Note</b> the approach for the review of the Integrated Care Strategy and the refresh of the NHS Joint Forward Plan.</li> <li>3. <b>Agree to delegate</b> to the Chair and Director of Public Health responsibility for engagement with partners on the review of the Integrated Care Strategy and refresh of the NHS Joint Forward Plan.</li> <li>4. <b>Agree</b> to schedule an item at the 27 March meeting to consider any amendments to the Integrated Care Strategy and the NHS Joint Forward Plan, including consideration of a statement of support by the Board on the NHS Joint Forward Plan.</li> </ol>	

<b>Aims and Priorities</b>	<b>How the recommendation(s) contribute to meeting the Aims and Priorities:</b>
<b>Aim 1:</b> To increase healthy life expectancy in Nottingham through addressing the wider determinants of health and enabling people to make healthy decisions	The Integrated Care Strategy should be based on the assessed needs of the population and the three ambitions focus on addressing inequalities.
<b>Aim 2:</b> To reduce health inequalities by having a proportionately greater focus where change is most needed	
<b>Priority 1:</b> Smoking and Tobacco Control	
<b>Priority 2:</b> Eating and Moving for Good Health	
<b>Priority 3:</b> Severe Multiple Disadvantage	
<b>Priority 4:</b> Financial Wellbeing	
<p><b>How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health:</b> The Integrated Care Strategy builds on the JHWS ambition</p>	
<b>List of background papers relied upon in writing this report (not including published documents or confidential or exempt information)</b>	
<b>Published documents referred to in this report</b>	<p>The Strategy is launched and can be found on the ICS website:  <a href="https://healthandcarenotts.co.uk/wp-content/uploads/2021/05/Integrated-Care-Strategy-2023_27.pdf">https://healthandcarenotts.co.uk/wp-content/uploads/2021/05/Integrated-Care-Strategy-2023_27.pdf</a></p>

# Integrated Care Strategy for Nottingham and Nottinghamshire 2023-2027: March 2024 review

## Introduction and context

1. In line with guidance from the Department of Health and Social Care (DHSC), at its meeting on 13 March 2023, the Integrated Care Partnership (ICP) approved the Nottingham and Nottinghamshire's Integrated Care Strategy. The strategy has been launched and can be found on the ICS website: [https://healthandcarenotts.co.uk/wp-content/uploads/2021/05/Integrated-Care-Strategy-2023\\_27.pdf](https://healthandcarenotts.co.uk/wp-content/uploads/2021/05/Integrated-Care-Strategy-2023_27.pdf)
2. The ICP agreed that a light touch review of the Integrated Care Strategy should be undertaken at the end of 2023/24 to consider delivery of the Strategy at the end of this first year. The ICP will consider this at their 22 March 2024 meeting.

## Delivering the Integrated Care Strategy

3. The Integrated Care Strategy is being delivered by the Nottingham City and Nottinghamshire County Health and Wellbeing Boards through the implementation of their Joint Local Health and Wellbeing Strategies, and by NHS partners through delivery of the NHS Joint Forward Plan.
4. For Nottingham City, the Health and Wellbeing Board has established arrangements for the delivery of its Health and Wellbeing Strategy (<https://www.nottinghamcity.gov.uk/media/gd0fxokf/nottingham-city-joint-health-and-wellbeing-strategy-2022-25.pdf>) to be coordinated through the Nottingham City Place Based Partnership, with the Health and Wellbeing Board retaining its oversight role. The Place Based Partnership has well developed programme plans for smoking and tobacco control; eating and moving for good health; and addressing severe multiple disadvantage<sup>1</sup> priorities, which are all on track in terms of delivery. A programme plan for delivery of the financial wellbeing priority is expected to be published ahead of the November meeting of the Health and Wellbeing Board. In July 2023, the Nottingham City Health and Wellbeing Board also endorsed a five-year strategy on gambling related harm, with themes of regulation, knowledge and awareness, and support pathways.
5. For Nottinghamshire County, the Health and Wellbeing Board continues to deliver a range of workshops, Covid Impact Assessments, Joint Strategic Needs Assessments (JSNAs), and papers to support the evidence base and implementation of the Nottinghamshire Joint Health and Wellbeing Strategy (<https://www.nottinghamshire.gov.uk/media/4350014/nottinghamshirejointhealthwellbeingstrategy2022-2026.pdf>). A monthly Joint Health and Wellbeing

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<sup>1</sup> Severe Multiple Disadvantage (SMD) refers to people with two or more of the following issues: mental health issues, homelessness, offending and substance misuse. SMD can include other sources of disadvantage, for instance poor physical health, domestic/sexual abuse, community isolation, undiagnosed brain injuries, autism and learning disabilities.

Strategy Steering Group has been set up as an 'engine room' to support joined up delivery across the three Place Based Partnerships (Bassetlaw, Mid-Nottinghamshire and South Nottinghamshire), and other partner organisations. The Health and Wellbeing Board also now utilises a Joint Health and Wellbeing Strategy outcomes dashboard to inform its work and this approach will continue to evolve over the next year. During this financial year, Nottinghamshire County Council has allocated an additional circa. £1 million of in-year funding from public health grant reserves to strengthen impact within a range of programmes that will contribute to delivery of the Joint Health and Wellbeing Strategy. These include increasing support for those with the greatest need (e.g. those experiencing SMD and those who are homeless), weight management, community support through Community Friendly Nottinghamshire, alcohol use, and tobacco. The Health and Wellbeing Board commenced a review in December 2023 to consider how it can increase its effectiveness in improving health and wellbeing and reducing health inequalities.

6. In July 2023, a report was taken to the Nottinghamshire Health and Wellbeing Board proposing a review of the Board to support the delivery of the Joint Health and Wellbeing Strategy, which members endorsed, agreeing that there was a timely opportunity to review how the Board could deliver its responsibilities most effectively in the current health and care context. The review commenced in December 2023.
7. The Nottingham and Nottinghamshire Smoking and Tobacco Control Alliance has launched a smoking and tobacco control vision document and delivery plan, which can be found here: <https://www.mynottinghamnews.co.uk/wp-content/uploads/2023/05/43.114-Smoking-and-Tobacco-Control-Vision.pdf>. Tobacco control is a priority for both the Nottingham City and Nottinghamshire County Health and Wellbeing Boards, and the vision document sets out a collective ambition to see smoking among adults in Nottingham and Nottinghamshire reduced to 5% or lower by 2035 and support progress to a smoke free generation. A number of task and finish groups will develop and deliver priority actions in the areas of smoking cessation; illicit tobacco; smokefree environments; and prevention for children and young people.
8. On 13 July 2023, the Integrated Care Board approved the initial NHS Joint Forward Plan, which can be found here: [https://healthandcarenotts.co.uk/wp-content/uploads/2021/05/J15562-Joint-Forward-Plan\\_v6-090823.pdf](https://healthandcarenotts.co.uk/wp-content/uploads/2021/05/J15562-Joint-Forward-Plan_v6-090823.pdf). The Joint Forward Plan for the local NHS sets out the five-year response to the Integrated Care Strategy as well as how the NHS Mandate will be delivered. As part of its development, the Joint Forward Plan was considered by the Nottingham City and Nottinghamshire County Health and Wellbeing Boards, and both confirmed that the plan will contribute to the delivery of their Health and Wellbeing Strategies. Currently, work is underway with NHS partners to

confirm the delivery and oversight mechanisms for the lifetime of the plan, and from March 2024, the plan will be reviewed and refreshed on an annual basis.

### **Impact of the Integrated Care Strategy**

9. Key areas of progress made in the first six months since the Integrated Care Strategy was approved include:
  - a) Supporting children and young people to have the best start in life with their health, development, education and preparation for adulthood. A recent OFSTED inspection of children's services found that Nottingham City Council continues to make good progress against an action plan to improve its Children's Services department.
  - b) Supporting frail and/or older people with underlying conditions to stay well, remain independent and avoid unnecessary admissions to hospital in the short term. Partners are working together to jointly develop the same day emergency care pathway to prevent hospital admissions and keep people at home.
  - c) Ensuring that all health and care staff understand the building blocks of health and health inequalities, work is underway in Adult Social Care in Nottingham City Council and Nottinghamshire County Council to embed strengths-based conversations and championing preventive approaches for citizens. This will help staff to find out what is important to people accessing services and identify what support they feel they need to make positive changes in their life. Initial discussions are taking place to consider how Making Every Contact Count (MECC), personalisation and strength-based approaches can be coordinated across the Partnership to improve outcomes for adult social care service users.
  - d) Establishing clinical priorities for the next 24 months to support children, young people and adults with the greatest needs. The clinical priorities include COPD; Stroke; Heart Failure; Cancer; Dementia; Delirium and Confusion; Pneumonia; Cellulitis; Sepsis; Falls and injuries; MSK; Maternity; CYP; Mental Health. Each will be supported by a Population Health Management approach that includes detailed analysis and an in-depth review with recommendations approved through different levels of clinical leadership. Improvements in care quality, effectiveness and clinical outcomes for local people will be tracked as this work progresses.
  - e) Focusing and investing in prevention priorities such as a new Integrated Wellbeing Service in Nottingham City. The service has been developed to support Nottingham's citizens to receive personalised help to live healthier lives and support people living with SMD.
  - f) The Partnership being selected as a Scaling People Services Vanguard for the Midlands, attracting external funding to the system. This will

- support the partnership to test and develop a single health and care recruitment hub to better support our staff and teams.
- g) The initial stage of the Better Care Fund (BCF) review being completed. The output will inform commissioning decisions and has identified potential areas to scale up collaborative commissioning including prevention, urgent care, mental health and Children and Young People.
  - h) Adding social value as major institutions in our area. The Partnership has been chosen as one of ten NHS England Pathfinders for Care Leavers. A project is underway to support 250 young people into work by January 2024.
10. A more detailed update, mapped to the Integrated Care Strategy's 14 priorities, will be presented to the Integrated Care Partnership at its March 2024 meeting.
11. A monitoring and evaluation framework is being developed to align with the delivery of the Joint Health and Wellbeing Strategies and NHS Joint Forward Plan. It proposes using a mixed methods (quantitative and qualitative) approach and that will be supported by the developing Integrated Care System outcomes framework. Governance for the framework is being confirmed and will align with existing accountability.

### **Healthy Life Expectancy Targets**

12. At the time of approving the Nottingham and Nottinghamshire Integrated Care Strategy, the Integrated Care Partnership agreed that the system Healthy Life Expectancy (HLE) and Life Expectancy targets should be revisited and refreshed. The Partnership remain committed to progressing this work.
13. Early results are anticipated by early 2024 to support Partnership discussions on setting the level of ambition for HLE. The usual measure for HLE uses surveys to assess health states and cannot be replicated locally. Analysts from the ICB and Public Health are developing alternative measures which can be monitored using local data.

### **Refresh of the Strategy for March 2024**

14. An annual refresh of the Strategy and NHS Joint Forward Plan (JFP) is planned for March 2024.
15. There has been no further national guidance published on the Integrated Care Strategy.
16. NHS England published planning guidance on the NHS Joint Forward Plan on 22 December: <https://www.england.nhs.uk/long-read/guidance-on-updating-the-joint-forward-plan-for-2024-25/>. Key points of note from the guidance are:
- a) The three principles for the development of JFPs remain:
    - *Principle 1: Fully aligned with the wider system partnership's ambitions.*

- *Principle 2: Supporting subsidiarity by building on existing local strategies and plans as well as reflecting the universal NHS commitments.*
  - *Principle 3: Delivery focused, including specific objectives, trajectories and milestones as appropriate.*
- b) Systems continue to have flexibility to determine the scope and structure of the JFP. It is anticipated that plans continue to reflect the priorities set out in 2023/24.
  - c) Health and Wellbeing Boards must be involved in revising the NHS JFP and confirm that it continues to take proper account of the Joint Health and Wellbeing Strategies (JHWBS).
  - d) The guidance again reiterates that the ICB and partner trusts are responsible for the development of the NHS JFP. Systems are encouraged to use the JFP as a shared delivery plan for the Integrated Care Strategy and JHWBS.
  - e) Should there be any significant revisions to the NHS JFP, there is a statutory duty for the ICB and partner trusts to consult with partners, including the Integrated Care Partnership and NHS England.
  - f) Previous local patient and public engagement exercises and subsequent action should inform the JFP. ICBs and their partner trusts must include a summary of the views expressed by anyone they have a duty to consult and explain how they have taken them into account.
17. The Integrated Care Partnership will need to consider any changes in their wider context including new or changed policies or guidance and be transparent and inclusive about the timing of the refresh and the opportunities to be involved.
  18. At the end of this first year of delivery, the Integrated Care Partnership will review and reconfirm the Integrated Care Strategy at their 22 March 2024 meeting. Feedback on the strategic priorities is welcome by 1 March 2024 in order that comments are reflected in the final version of the document.

**Recommendations:**

19. The Board is asked to:

1. **Discuss** progress with delivery of the strategy through the City and County Joint Health and Wellbeing Strategies and NHS Joint Forward Plan.
2. **Note** the approach for the review of the Integrated Care Strategy and the refresh of the NHS Joint Forward Plan.
3. **Agree to delegate** to the Chair and Director of Public Health

responsibility for engagement with partners on the review of the Integrated Care Strategy and refresh of the NHS Joint Forward Plan.

4. **Agree** to schedule an item at the 27 March meeting to consider any amendments to the Integrated Care Strategy and the NHS Joint Forward Plan, including consideration of a statement of support by the Board on the NHS Joint Forward Plan.

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